

# one world eats & drinks

(309) 672.1522 | oneworld-cafe.com | @oneworldpeoria

## breakfast

- BISCUITS & GRAVY** 13.29  
buttermilk biscuits with homemade sausage gravy. choose hash brown patties, potatoes or cottage cheese
- AMERICAN BREAKFAST\*** 12.99  
2 fried eggs, 2 sausage links or 3 bacon strips, hash brown patties or potatoes, toast or bagel
- BAKED CHORIZO SCRAMBLE** 12.99  
scrambled eggs, soy chorizo & potato, black bean & corn salsa, topped with cheese. served with fresh salsa & sour cream. choose flour tortillas or corn tortilla chips
- BAKED EGG DISH** 9.59  
scrambled eggs, potatoes & cheese. served with toast or a bagel. choose any additions.  
spinach, tomato, bell peppers, mushrooms, onions +.79 each  
ham, bacon, sausage, soy chorizo & potato + 1.49 each  
spinach & artichoke dip + 1.49
- GRILLED BREAKFAST SANDWICH** + 12.99  
bacon, sausage or ham with fried eggs & american cheese on grilled white toast. served with hash brown patties, potatoes or cottage cheese
- BREAKFAST PIZZA** 12.29  
scrambled eggs, potatoes and cheese. your choice of toppings  
spinach, tomatoes, bell peppers, onion, mushroom, black olives, broccoli, banana peppers, jalapeños + 1.49 each  
ham, bacon, sausage, soy chorizo & potato + 2.49 each  
add a sausage gravy base +2.49
- HEARTY COUNTRY BREAKFAST PIZZA** ♥ 16.99  
scrambled eggs, potatoes, ham, sausage, bacon & cheese  
add sausage gravy base +2.49
- GARDEN VEGETABLE PIZZA** 16.99  
scrambled eggs, potatoes, spinach, mushrooms, tomatoes, onions, black olives, bell peppers & cheese



- BREAKFAST QUESADILLA** 13.99  
scrambled eggs, potatoes, cheese & choice of bacon, sausage or ham. served with sour cream. choice of tortilla chips & salsa or cottage cheese

- FRENCH TOAST CASSEROLE** 11.29  
secret recipe with cream, vanilla, cinnamon & raisins, baked until golden. served with syrup & whipped cream
- BELGIAN WAFFLE** 12.49  
homemade batter served with maple syrup. side of bacon, sausage or fruit  
add strawberry compote + fresh berries +2.79
- CHICKEN & WAFFLE** 15.99  
belgian waffle with crispy chicken tenders & bacon strips. served with homemade sausage gravy & maple syrup
- THE ELVIS WAFFLE** 13.99  
belgian waffle with peanut butter cream, banana, bacon strips & whipped cream. served with maple syrup

## breakfast extras

- BREAKFAST MEAT** 4.49  
2 sausage links or 3 bacon strips
- HASH BROWN PATTIES** 2.99
- SAUSAGE GRAVY** 4.29
- TOAST OR BAGEL** 2.99  
white, multi-grain, rye, biscuits, plain or wheat bagel
- GLUTEN FREE TOAST** 3.49
- SIDE OF POTATOES** 3.49
- SIDE OF COTTAGE CHEESE** 3.49
- FRESH FRUIT** 7.29
- 2 FRIED EGGS\*** 3.49
- SCRAMBLED EGGS** 4.59
- SPREADS** 1.29  
cream cheese: plain, veggie or cinnamon raisin  
Peanut butter  
Hummus

## appetizers

- HUMMUS** ▾ single 6.99 double 11.79  
original recipe hummus. served with grilled pita bread  
extra pita + .99 add raw vegetables + 2.99
- SPINACH & ARTICHOKE DIP** 12.79  
our famous recipe served with toasted baguette
- NACHOS** 13.99  
chicken or soy chorizo & potato blend. tortilla chips, cheese sauce, black bean & corn salsa, sour cream, jalapeños & fresh salsa  
substitute for pork +1.99
- BACON CHEESE FRIES** 12.99  
fries, cheddar cheese sauce, bacon, sour cream & chives
- APPETIZER SAMPLER** ♥ 13.49  
one world favorites. spinach & artichoke dip, hummus & salsa. served with grilled pita, toasted baguette & tortilla chips  
add raw vegetables + 2.99
- SAMOSAS** ▾ 8.49  
stuffed with peas, carrots, potatoes & spices. served with mango tamarind dipping sauce
- CHIPS & SALSA** 7.49  
classic pico de gallo with tortilla chips
- SOUP OF THE DAY** cup 4.99 bowl 7.29  
served with bread & crackers



## salads\*

- SOUTHWESTERN** grilled chicken | tofu 13.49 shrimp 20.99  
spring greens, romaine, black bean & corn salsa and fresh salsa. tossed in cilantro ranch and served with tortilla chips
- BISTRO** ♥ grilled chicken | tofu 16.99 salmon 25.99  
spring greens, romaine, walnuts, cranberries, crumbled bleu cheese & granny smith apples. served with apple-raspberry vinaigrette & slice of baguette bread
- SPINACH** grilled chicken | tofu 14.49 salmon 23.49  
spinach, tomatoes, onions, feta & sunflower seeds. tossed in sun-dried tomato vinaigrette & served with slice of baguette bread
- PSYCHEDELIC** grilled chicken | tofu 13.99 salmon 22.99  
spring greens, romaine, tomatoes, onions, bell peppers, cucumbers, black olives, mushrooms & carrots. served with any dressing & slice of baguette bread
- THAI NOODLE** grilled chicken | tofu 16.49 shrimp 23.49  
gluten free rice noodles tossed in spicy thai peanut dressing. served on a bed of spring greens & romaine with cucumber, zucchini, carrots & peanuts

- FALAFEL SALAD** 14.79  
spring greens, romaine, tomatoes, feta cheese, bell peppers, banana peppers, black olives & onions. served with tahini cucumber dressing, falafel & pita wedges  
add gyro meat + 5.99

- SPECIALITY SIDE SALAD** chicken | tofu 7.99 shrimp 12.99 salmon 16.99  
smaller portion of southwestern, bistro or spinach
- SOUP & SALAD** 12.79  
cup of soup with lighter portion of psychedelic salad with chicken or tofu  
upgrade salad to bistro, spinach or southwestern +2.49
- dressings:** ranch, cilantro ranch, sun dried tomato vinaigrette, honey dijon, apple-raspberry vinaigrette, tahini cucumber, russian, bleu cheese, thousand island or balsamic vinegar & oil





burgers		
chargrilled burgers are fresh, half pound patties.* served on a brioche bun with one side & pickles		
<b>ONE HELL OF A BURGER</b> 14.49 choose american, swiss, mozzarella or blue cheese. topped with lettuce, tomato & onion		
<b>ROYALE BURGER</b> 16.99 burger topped with bacon, ham, fried egg & american cheese		
<b>BACON MUSHROOM BURGER</b> 16.99 bacon, sautéed mushrooms & swiss cheese. topped with lettuce, tomato & onion		
<b>DOUBLE DARE YOU</b> ♥ 18.99 1/2 lb beef patty plus your choice of second meat: another 1/2 lb beef patty, gyro slices, corned beef, pulled pork or 6 slices of bacon cheese choice: american, swiss, mozzarella or bleu cheese topped with lettuce, tomato & onion		
sandwiches		
served with one side		
	<b>CUBAN PORK</b> ♥ 13.79 pulled pork topped with caramelized onions, swiss cheese & signature chipotle BBQ mayo on toasted ciabatta double meat & cheese 17.99	
<b>WORLD TURKEY CLUB</b> 14.99 turkey, bacon & mozzarella cheese with lettuce, tomato, onion & honey dijon on tomato basil focaccia		
<b>BACON &amp; MUSHROOM CHICKEN</b> 16.79 grilled chicken breast, sautéed mushrooms, bacon & swiss cheese. topped with lettuce, tomato & ranch dressing on tomato basil focaccia		
<b>REUBEN</b> 15.99 corned beef topped with sauerkraut, swiss cheese & fresh cabbage slaw. served with thousand island dressing on griddled rye		
<b>CAJUN FISH SANDWICH</b> 15.99 wild caught whitefish served blackened, broiled or fried. topped with fresh cabbage slaw and cajun aioli on a brioche bun		
<b>IMPOSSIBLE BURGER</b> ♥ 14.99 meatless patty served on a brioche bun with choice of cheese: american, swiss, mozzarella or bleu cheese. served with lettuce, tomato, onion & pickles		
wraps, melts & more		
served with one side		
<b>HERBIVORIAN WRAP</b> 13.79 choice of hummus or veggie cream cheese. sunflower seeds, black olives, onions, bell peppers, mushrooms, carrots, tomatoes, cucumbers & spinach		
<b>QUESADILLA</b> 13.99 mozzarella cheese and choice of grilled chicken, pulled pork, tofu or soy chorizo & potato. served with sour cream		
<b>VEGETARIAN DELIGHT QUESADILLA</b> 14.29 swiss and mozzarella cheese, spinach, caramelized onion & mushrooms. served with sour cream		
<b>PESTO TOMATO MELT</b> 12.99 italian bread with basil pesto, tomatoes & cheese. toasted & served with hummus		
<b>CAJUN WRAP</b> chicken   tofu 13.79 shrimp 15.49 black beans & rice with corn, cajun aioli and choice of protein		
<b>SANTA FE WRAP</b> chicken   tofu 13.79 shrimp 15.49 black beans & rice with corn, cilantro ranch, fresh salsa, lettuce and choice of protein		
side selections		
<b>FRENCH FRIES</b>	<b>CHIPS &amp; SALSA</b>	<b>ROASTED VEGGIES</b> +.99
<b>SIDE SALAD</b>	<b>KETTLE CHIPS</b>	<b>CUP OF SOUP</b> +.99
<b>SMASHED POTATOES</b>	<b>COTTAGE CHEESE</b>	<b>BACON CHEESE FRIES</b> +2.79
<b>BLACK BEANS &amp; RICE</b>		<b>MAC N CHEESE</b> +2.49

entrees	
<b>BALSAMIC CITRUS SALMON*</b> 24.99 hand cut salmon filet with balsamic citrus glaze. served with 2 sides	
<b>ALFREDO</b> linguine tossed in homemade alfredo with garlic bread grilled chicken   crispy chicken   tofu 17.49   shrimp 21.49   salmon 24.99	
<b>SPICY CAJUN PASTA</b> linguine or zucchini ribbons in a spicy creamy tomato sauce. served with garlic bread grilled chicken   crispy chicken   tofu 17.49   shrimp 21.49   salmon 24.99	
<b>EGGPLANT LASAGNA</b> 15.29 pasta free eggplant dusted in rice flour & pan fried. marinara, zucchini, mushrooms & seasoned with allspice. topped with cheese & served with garlic bread	
<b>MAC 'N CHEESE</b> 14.99 cavatappi pasta with homemade cheese sauce. select two additions: chicken, bacon, tomato, spinach, jalapeños or broccoli	
platters	
<b>FISH TACOS</b> 15.99 wild caught atlantic whitefish: fried, blackened or broiled. served with flour tortillas, shredded cabbage, black beans & rice, cilantro ranch, fresh salsa & tortilla chips no substitutions	
<b>GYROS PLATTER</b> 14.49 delicious gyro meat on pita topped with tomato & onion. served with homemade tzatziki sauce & one side choice	
<b>FALAFEL</b> ∇ 13.99 falafel with lettuce, tomato & onion on grilled pita. served with hummus, tahini cucumber dressing & one side	
<b>CHICKEN TENDER PLATTER</b> 15.99 crispy chicken breast tenders. served with two sides and ranch, honey dijon or BBQ sauce	
pizzas	
all crusts 12 inch hand tossed, thin crust or gluten free crust +1.99	
<b>PRIMO</b> 16.99 marinara with Italian sausage, pepperoni, mushrooms, onions & bell peppers	
<b>SECRET GARDEN</b> 16.99 choice of sauce: basil pesto, marinara or alfredo. topped with spinach, mushrooms, onions, bell peppers, tomatoes & black olives	
<b>SPICY PIG</b> 16.99 marinara with italian sausage, pepperoni, bacon, ham & jalapeños	
<b>BASIL PESTO CHICKEN</b> 16.49 basil pesto with chicken, tomatoes, mushrooms & onions	
<b>BBQ CHICKEN</b> 16.49 pulled BBQ chicken, onions & sweet BBQ sauce	
<b>CUBANO</b> 16.99 chipotle BBQ mayo with pulled pork & ham. served with mustard & pickles	
<b>BUILD YOUR OWN PIZZA</b> 11.99 sauce: marinara, basil pesto, BBQ, chipotle BBQ or olive oil  protein 2.49 each: pepperoni, Italian sausage, bacon, ham, grilled chicken, tofu, soy chorizo & potato  vegetable 1.59 each: mushrooms, onions, bell peppers, black olives, banana peppers, jalapenos, tomatoes, spinach, broccoli  extra cheese 1.99: mozzarella, feta, bleu cheese	



\* Consuming raw or undercooked meat, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain health conditions.