

one world eats & drinks

(309) 672.1522 | oneworld-cafe.com | @oneworldpeoria

breakfast

BISCUITS & GRAVY

buttermilk biscuits with homemade sausage gravy. choose hash brown patties, potatoes or cottage cheese

AMERICAN BREAKFAST

2 fried eggs, 2 sausage links or 3 bacon strips, hash brown patties or potatoes, toast or bagel

BAKED CHORIZO SCRAMBLE

scrambled eggs, soy chorizo & potato, black bean & corn salsa, topped with cheese. served with fresh salsa & sour cream. choose flour tortillas or corn tortilla chips

BAKED EGG DISH

scrambled eggs, potatoes & cheese. served with toast or a bagel. choose any additions.

spinach, tomato, bell peppers, mushrooms, onions +.79 each
ham, bacon, sausage, soy chorizo & potato + 1.49 each
spinach & artichoke dip + 1.49

GRILLED BREAKFAST SANDWICH

bacon, sausage or ham with fried eggs & American cheese on grilled white toast. served with hash brown patties, potatoes or cottage cheese

BREAKFAST PIZZA

scrambled eggs, potatoes and cheese. your choice of toppings

spinach, tomatoes, bell peppers, onion, mushroom, black olives, broccoli, banana peppers, jalapeños + 1.49 each
ham, bacon, sausage, soy chorizo & potato + 2.49 each

HEARTY COUNTRY BREAKFAST PIZZA

scrambled eggs, potatoes, ham, sausage, bacon & cheese

GARDEN VEGETABLE PIZZA

scrambled eggs, potatoes, spinach, mushrooms, tomatoes, onions, black olives, bell peppers & cheese



BREAKFAST QUESADILLA

scrambled eggs, potatoes, cheese & choice of bacon, sausage or ham. served with sour cream. choice of tortilla chips & salsa or cottage cheese

FRENCH TOAST CASSEROLE

secret recipe with cream, vanilla, cinnamon & raisins, baked until golden. served with syrup & whipped cream

BELGIAN WAFFLE

homemade batter served with maple syrup. side of bacon, sausage or fruit

add strawberry compote + fresh berries +2.79

CHICKEN & WAFFLE

belgian waffle with crispy chicken tenders & bacon strips. served with homemade sausage gravy & maple syrup

THE ELVIS WAFFLE

belgian waffle with peanut butter cream, banana, bacon strips & whipped cream. served with maple syrup

breakfast extras

BREAKFAST MEAT

2 sausage links or 3 bacon strips

HASH BROWN PATTIES

SAUSAGE GRAVY

TOAST OR BAGEL

White, Multi-grain, Rye, Biscuits, Plain or Wheat Bagel

GLUTEN FREE TOAST

SIDE OF POTATOES

SIDE OF COTTAGE CHEESE

FRESH FRUIT

2 FRIED EGGS

SCRAMBLED EGGS

SPREADS

Cream cheese: plain, veggie or cinnamon raisin
Peanut butter
Hummus

appetizers

HUMMUS

original recipe hummus. served with grilled pita bread
extra pita + .99 add raw vegetables + 2.99

SPINACH & ARTICHOKE DIP

our famous recipe served with toasted baguette

NACHOS

chicken or soy chorizo & potato blend. Tortilla chips, cheese sauce, black bean & corn salsa, sour cream, jalapeños & fresh salsa
substitute for pork +1.99

BACON CHEESE FRIES

fries, cheddar cheese sauce, bacon, sour cream & chives

APPETIZER SAMPLER

one world favorites. spinach & artichoke dip, hummus & salsa. served with grilled pita, toasted baguette & tortilla chips
add raw vegetables + 2.99

SAMOSAS

stuffed with peas, carrots, potatoes & spices. served with mango tamarind dipping sauce

CHIPS & SALSA

classic pico de gallo with tortilla chips

SOUP OF THE DAY

served with bread & crackers



salads

SOUTHWESTERN

spring greens, romaine, black bean & corn salsa and fresh salsa. tossed in cilantro ranch and served with tortilla chips

BISTRO

spring greens, romaine, walnuts, cranberries, crumbled bleu cheese & granny smith apples. served with apple-raspberry vinaigrette & slice of baguette bread

SPINACH

spinach, tomatoes, onions, feta & sunflower seeds. tossed in sun-dried tomato vinaigrette & served with slice of baguette bread

PSYCHEDELIC

spring greens, romaine, tomatoes, onions, bell peppers, cucumbers, black olives, mushrooms & carrots. served with any dressing & slice of baguette bread

THAI NOODLE

gluten free rice noodles tossed in spicy thai peanut dressing. served on a bed of spring greens & romaine with cucumber, zucchini, carrots & peanuts

FALAFEL SALAD

spring greens, romaine, tomatoes, feta cheese, bell peppers, banana peppers, black olives & onions. served with tahini cucumber dressing, falafel & pita wedges
add gyro meat + 5.99

SPECIALITY SIDE SALAD

smaller portion of southwestern, bistro or spinach

SOUP & SALAD

cup of soup with lighter portion of psychedelic salad with chicken or tofu
Upgrade Salad to Bistro, Spinach or Southwestern +2.49

dressings: ranch, cilantro ranch, sun dried tomato vinaigrette, honey dijon, apple-raspberry vinaigrette, tahini cucumber, russian, bleu cheese, thousand island or balsamic vinegar & oil



burgers		entrees	
chargrilled burgers are fresh, half pound patties. Served on a brioche bun with one side & pickles		BALSAMIC CITRUS SALMON hand cut salmon filet with balsamic citrus glaze. served with 2 sides	
ONE HELL OF A BURGER choose american, swiss, mozzarella or blue cheese. topped with lettuce, tomato & onion		ALFREDO linguine tossed in homemade alfredo with garlic bread grilled chicken crispy chicken tofu 17.49 shrimp 21.49 salmon 24.99	
ROYALE BURGER burger topped with bacon, ham, fried egg & american cheese		SPICY CAJUN PASTA linguine or zucchini ribbons in a spicy creamy tomato sauce. served with garlic bread grilled chicken crispy chicken tofu 17.49 shrimp 21.49 salmon 24.99	
BACON MUSHROOM BURGER bacon, sautéed mushrooms & swiss cheese. topped with lettuce, tomato & onion		EGGPLANT LASAGNA eggplant dusted in rice flour & pan fried. marinara, zucchini, mushrooms & seasoned with allspice. topped with cheese & served with garlic bread	
DOUBLE DARE YOU ♥ 1/2 lb beef patty plus your choice of second meat: another 1/2 lb beef patty, gyro slices, corned beef, pulled pork or 6 slices of bacon cheese choice: american, swiss, mozzarella or bleu cheese topped with lettuce, tomato & onion		MAC 'N CHEESE cavatappi pasta with homemade cheese sauce. select two additions: chicken, bacon, tomato, spinach, jalapeños or broccoli	
sandwiches		platters	
served with one side		FISH TACOS wild caught Atlantic whitefish: fried, blackened or broiled. Served with flour tortillas, shredded cabbage, black beans & rice, cilantro ranch, fresh salsa & tortilla chips no substitutions	
		GYROS PLATTER delicious gyro meat on pita topped with tomato & onion. served with homemade tzatziki sauce & one side choice	
WORLD TURKEY CLUB turkey, bacon & mozzarella cheese with lettuce, tomato, onion & honey dijon on tomato basil focaccia		FALAFEL ▾ falafel with lettuce, tomato & onion on grilled pita. served with hummus, tahini cucumber dressing & one side	
BACON & MUSHROOM CHICKEN grilled chicken breast, sautéed mushrooms, bacon & swiss cheese. topped with lettuce, tomato & ranch dressing on tomato basil focaccia		CHICKEN TENDER PLATTER crispy chicken breast tenders. served with two sides and ranch, honey dijon or BBQ sauce	
REUBEN corned beef topped with sauerkraut, swiss cheese & fresh cabbage slaw. served with thousand island dressing on griddled rye		pizzas	
CAJUN FISH SANDWICH wild caught whitefish served blackened, broiled or fried. topped with fresh cabbage slaw and cajun aioli on a brioche bun		PRIMO marinara with Italian sausage, pepperoni, mushrooms, onions & bell peppers	
IMPOSSIBLE BURGER ♥ meatless patty served on a brioche bun with choice of cheese: american, swiss, mozzarella or bleu cheese. served with lettuce, tomato, onion & pickles		SECRET GARDEN choice of sauce: basil pesto, marinara or alfredo. topped with spinach, mushrooms, onions, bell peppers, tomatoes & black olives	
wraps, melts & more		SPICY PIG marinara with italian sausage, pepperoni, bacon, ham & jalapeños	
served with one side		BASIL PESTO CHICKEN basil pesto with chicken, tomatoes, mushrooms & onions	
HERBIVORIAN WRAP choice of hummus or veggie cream cheese. sunflower seeds, black olives, onions, bell peppers, mushrooms, carrots, tomatoes, cucumbers & spinach		BBQ CHICKEN pulled BBQ chicken, onions & sweet BBQ sauce	
QUESADILLA mozzarella cheese and choice of grilled chicken, pulled pork, tofu or soy chorizo & potato. served with sour cream		CUBANO chipotle BBQ mayo with pulled pork & ham. served with mustard & pickles	
VEGETARIAN DELIGHT QUESADILLA swiss and mozzarella cheese, spinach, caramelized onion & mushrooms. served with sour cream		BUILD YOUR OWN PIZZA 12" hand tossed, 12" thin crust or 10" gluten free/vegan crust Sauce: marinara, basil pesto, BBQ, chipotle BBQ or olive oil Protein 2.49 each: pepperoni, Italian sausage, bacon, ham, grilled chicken, tofu, soy chorizo & potato Vegetable 1.59 each: mushrooms, onions, bell peppers, black olives, banana peppers, jalapenos, tomatoes, spinach, broccoli Extra Cheese 1.99: mozzarella, feta, bleu cheese	
PESTO TOMATO MELT italian bread with basil pesto, tomatoes & cheese. toasted & served with hummus			
CAJUN WRAP _____ black beans & rice with corn, cajun aioli and choice of protein			
SANTA FE WRAP _____ black beans & rice with corn, cilantro ranch, fresh salsa, lettuce and choice of protein			
		side selections	
FRENCH FRIES		CHIPS & SALSA	ROASTED VEGGIES +.99
SIDE SALAD		KETTLE CHIPS	CUP OF SOUP + .99
SMASHED POTATOES		COTTAGE CHEESE	BACON CHEESE FRIES +2.79
BLACK BEANS & RICE		FRUIT SALAD	MAC N CHEESE +2.49
		SPECIALITY SIDE SALAD +2.79 bistro, spinach or southwestern with chicken or tofu upcharges noted where applicable	